Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Health, Department of Mental Health 108 Cherry Street, Burlington, Vermont 05402

TO: Vermont Mental Health Performance Indicator Project

Advisory Group and Interested Parties

FROM: John Pandiani and Barbara Carroll

DATE: September 28, 2007

RE: Caseload Size and Utilization Rates

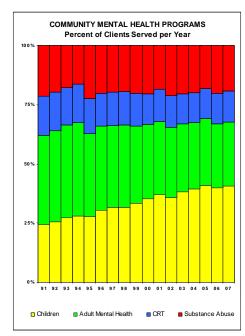
The attached graphs and table provide an overview of the number of individuals served by four CMHC programs during FY1991 through FY2007, with details by clinic for the period FY2002 through FY2007. These programs include Children's Mental Health, Adult Mental Health Outpatient (AOP), Community Rehabilitation and Treatment (CRT) for adults with serious mental illness, and Substance Abuse (SA). All findings are based on analysis of Monthly Service Report (MSR) data submitted to DMH by designated community agencies. Information regarding CMHC caseload size for FY2002-2006 was previously published as DMH Statistical Report and our annual Series (http://healthvermont.gov/mh/docs/res-eval/annual-stats.aspx). We plan to have the completed FY2007 DMH Statistical Report ready for web posting and distribution of hard-copies by the end of If you would like to receive a hard-copy of this report, send an email to October. pip@vdh.state.vt.us and we will add you to our mailing list. If you did not receive a copy of

the FY2006 edition and would like one, let us know and we

will be happy to send one to you.

As you will see, the relative proportion of the CMHC caseload for the four programs changed substantially during the period covered by this report. The proportion accounted for by Children's MH programs increased from 24% of the 1991 caseload to 41% of the FY2007 caseload. During this same period, the proportion accounted for by AOP programs decreased from 38% to 27% of the combined caseload statewide, while the proportion of CRT and SA programs decreased slightly (17% to 13%, and 21% to 19% respectively).

As detailed in the attached tables and graphs, the caseload of Children's MH programs increased 9% overall during FY2002 through FY2007. During this same period, the caseload of AOP programs decreased by 13% overall. SA programs also experienced a 13% caseload decrease



between FY2002 and FY2007. The CRT programs experienced the smallest decrease (6%) in caseload size for the period as a whole.

It is important to note that these statewide changes in program caseloads were not consistent system-wide. In almost every case, some providers experienced substantial caseload growth while others experienced a substantial decrease, and others experienced no change. Clinic and program level caseloads are provided in both tabular and graphic format by year for your information and consideration.

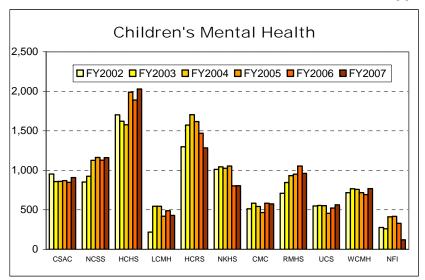
We look forward to your comments on these findings and your suggestions for further analysis of this comprehensive data set. We would also be very interested in learning about any changes in administrative policies or data reporting conventions that could have contributed to the apparent changes in the size of these CMHC caseloads. Please forward your comments and suggestions to pip@vdh.state.vt.us or 802.863.7249.

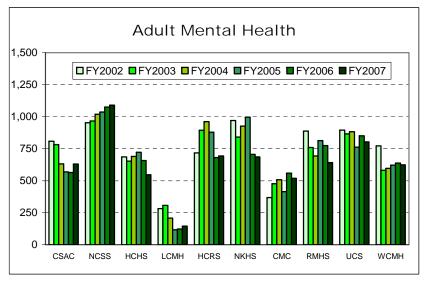
Number of Clients Served by Client's Primary Program Assignment and Designated Agency FY2002 - FY2007

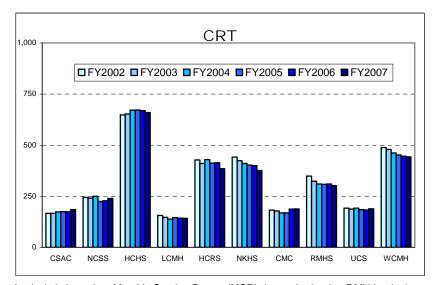
Children's MH **Adult MH** CLINIC FY2005 FY2006 % Change FY2005 FY2007 FY2002 FY2003 FY2004 FY2007 CLINIC FY2002 FY2003 FY2004 FY2006 % Change **CSAC CSAC** 954 859 861 870 848 909 -5% 809 782 632 569 564 631 -22% **NCSS** NCSS 853 924 1.126 1,164 1.128 1.161 36% 953 967 1.019 1.037 1,075 1.090 14% **HCHS** 1,621 1,989 2,029 19% **HCHS** 723 547 -20% 1,702 1,577 1,891 686 653 690 658 LCMH 219 546 96% LCMH 283 -48% 546 421 489 430 308 208 117 123 146 **HCRS** 1,573 -1% **HCRS** 718 -3% 1,298 1,704 1,617 1,470 1,285 894 962 879 681 694 **NKHS** 1,011 1,045 806 -20% **NKHS** 971 841 927 997 706 687 -29% 1,026 1,054 803 CMC 513 583 543 466 584 575 12% CMC 369 477 508 415 560 520 41% **RMHS** 709 847 36% **RMHS** 888 642 -28% 933 951 1.054 961 760 694 814 775 UCS 2% -10% 550 UCS 556 553 456 523 563 896 866 883 763 851 803 **WCMH** WCMH 716 7% 772 597 622 638 624 -19% 767 759 716 693 769 582 NFI 277 260 412 418 329 121 -56% Total 8.802 9.581 10.040 10.122 9.812 9.609 9% Total 7.345 7.130 7.120 6.936 6.631 6.384 -13% **CRT Substance Abuse** CLINIC FY2002 FY2003 FY2004 FY2005 FY2006 FY2007 % Change CLINIC FY2002 FY2003 FY2004 FY2005 FY2006 FY2007 % Change **CSAC** 174 11% **CSAC** 189 176 180 37% 166 166 173 175 184 182 219 258 **NCSS** 244 241 250 225 228 240 -2% NCSS 23 19 13 5 0 0 **HCHS** 648 653 671 672 669 660 2% **HCHS** 1.675 1.731 1.723 1.872 2.116 1,591 -5% **LCMH** 147 -9% LCMH 26 12 3 0 0 0 156 138 145 143 142 **HCRS** 429 -10% **HCRS** 487 428 411 412 414 385 478 521 410 428 566 16% **NKHS** -15% NKHS -7% 442 424 411 403 400 376 684 587 633 766 723 639 CMC 182 178 169 169 187 188 3% CMC 1.051 990 891 282 431 455 -57% **RMHS** 349 324 310 302 -13% **RMHS** 580 645 611 5% 308 310 599 685 615 UCS 187 -2% UCS -21% 192 192 184 183 189 501 489 456 365 423 395 **WCMH** 489 479 462 452 446 443 -9% **WCMH** 1 0 0 0 0 3,154 Total 3.296 3.210 3.205 3.145 3.109 -6% Total 5.217 5.087 5.101 4.495 4.985 4.515 -13%

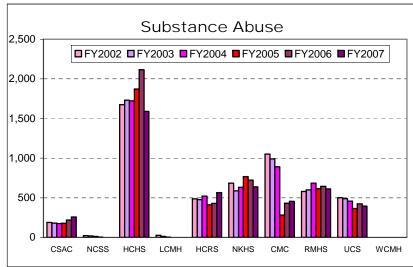
Analysis is based on Monthly Service Report (MSR) data submitted to DMH by designated community agencies.

Number of Clients Served by Client's Primary Program Assignment and Designated Agency FY2002 - FY2007









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